

COVID-19 Cistahokewin

Kanatawiwewak – Tapwewina Masinahikanis

Cistahokewin peyak mawac ekistapatak kanatawewikamikohk osiscikewiniwawa. Cistahokewin wicikemakan ekipitinahk ekwa epaminahk ekatsipetamakahk miniwaspinewin ekwa akosowina. Cistahokewin wicikemakan sipinewin ekwa nakaskam misiwanaciscikewin ahosiwina osci.

Kekon nema COVID-19 ahosiwin?

COVID-19 oma miniwaspinewin SARS-CoV-2 ahosiwin ka-oscimakahk. Oma ahosiwin spwetemakan ayisiniwak e-asotocik kispin e-ostotahik, e-eyinimocik ekwa ayamicik. COVID-19 mina sipwetemakan esaminaman kekon ahosiwin eyastekoma ahosiwin ita akoni eti saminaman kiton, kikoy nantaw kiskisikaw eka e-osci kascisceyan.

Miscet anisininowak omeno kayacik ahosiwino apisis nantaw mitoni pakitatamowinaspinewak, maka oma ahosowin natohk asininowak e-otitnikocik poko isi takitaspinewak. Atiht mitoni taki-ahosowak ekwa poko tanakatawenimiscik. Anisiniwak mekwac ahosowino kahoskakocik ekonik mawac takisci-ahosowak.

Kekon nema COVID-19 cistahokewin?

Ohi COVID-19 cistakewina ispaniwa kisin kiyawihk astaniwan oma tapiskoc ka-isnakwak COVID-19 cistahokewin. Ekoni kispinano enotinaskamak oma ahosowin. Kikiwicikoma oma eka tamini-aspineyan nantaw eka mitoni tahosiyan kispin kimoskisken oma COVID-19 nikanihk. Kakino COVID-19 cistahokewina ka-apacistaniwahi nakaskikew eka mitoni tahosiyan oma osci COVID-19.

Awena ke-ayat omeno COVID-19 cistahokewin?

Oma COVID-19 cistahokewin takon mosci mikewin kakino osci Manitobans. Ota nitona manitoba.ca/covid19/index.html nahipanowina. Oki anisiniwak takiaayacik omeno cistahokewin:

- Kisci-ininiwak nikwasik niyanosap ekwa wasime espicisicik
- Anisiniwak kananakateyinimiscik ekwa kamamawikicik
- Anisiniwak ahosiwin kahoskakocik takikisci ahosowak omeno COVID-19
- Anisiniwak kapwawicik
- Anisiniwak iskonikanihk, apitawikosanihk ekwa Inuit osci nantaw ekota kawikicik

- Anisiniwak kamamawiniscik ekwa kotakiyak tapitaw kaminiscik itawinisa
- Otatoskewak kawiciwecik otitawiniwak kiscikekon osci

Ka-isiiyan kiminawinihk, kakiminik wasime omeno cistahokewin nakateyimiwew otatoskew. Kaki-ayan oma COVID-19 cistahokewin asci oma otakikomo cistahokewin.

Awena EKA taki-ayat omeno COVID-19 cistahokewin?

Ayami nakateyimiwew otatoskew emwes ayayan oma COVID-19 cistahokewin kisin:

- Kikimaciskakon ispi eyayan oma COVID-19 cistahokewin
- Kikimaciskakon ohi cistahokewin oscikana (tapiskoc: polyethylene glycol [PEG], Tromethamine [trometamol nantaw Tris])
- Kiki-ayan mitehi-aspinewin (pakipaniw miteh micestatayapiy nantaw pakipaniw waska mitehi)
- Kiki-ayan pakipaniwinaspinewin (MIS-C isinihatew awasisak osci ekwa MIS-A kisci-ininowak isinihatew)

Poko awiyak kakisitewipanit eka tacistahot patima minawaci. Poko awiyak eka mitoni kahosit taki-ayaw cistahokewin. Kaki ahosin emwes ayayan oma COVID-19 cistahokewin. Kisin ekosi kitispanikon peho taminawyan emwes cistahokawian.

Kekon ohi patotew ispanikowina ispi eyayan oma COVID-19 cistahokewin?

Minawawin Kanata sitoskam cistahokewina kisin asiy kwayesk kikinopascikatewa ekwa minoskakewa. Osampoko kayan kakakitisin, kamihipanin nantaw kapakipaniw ita kakicitahokawian. Takipakipaniwak wiyihkwak mwestas COVID-19 cistahokewin. Atiht awasisak kisitewipaniwak, winipapaniwak, kinomaciwak, moc wimisowak nantaw ahosowak watawaw. Mona mitoni wisakipinewak ekwa osampoko peyak isko niso kisikaw mahpinewak. Kakiminaw acetaminophen (tapiskoc: Tylenol®) ekistewipanit nantaw ekakitisit.

Acetylsalicylic acid-ASA (tapiskoc Aspirin®) MOC WIHAC kakiminaw awasisak takiswanacistaw oskwan ekwa omamitonēcikan Reyē's Syndrome isnikatew.

Ehis-paniyin kostatikwan maka askaw patote-aspinewin kaki-ayan ispi ecistokawiyin. Kiskenitamowehikana ohi moskipanowin, siscit epakitatomot, nantaw pakikotaskepaniw ekwa pakihepaniw. Kistentakwan ta-ayayan ita akosikamikohk mitatat niyanan tipahikanis inikohk mwestas eyayan cistahokewin takinanakacikawiyin nantaw tananakacihit kicawasim(ak). Kisin ohi kiskenitamowehikana kitayan ispi esipweteyan akosikamikohk osci, ayamihik 911 nantaw itote kisiwak eyastek akosiwikamihk semak tawapimikawiyin.

Mitehi-aspinewin (pakipaniw miteh micestatayapiy/pakipaniw waska mitehi) askaw poko ehispiniw mwestas cistahokewin. Oma osci kaki notetamon, wisakenten kaskikan nantaw kamositan kitehi ekisipanik nantaw eka kwayesk epahokoyan. Kekac kakino anisinowak kaki-ayacik ohi kiskenitamowehikana ki-ayawak tepakohp kisikawa mwestas eyacik omeno cistahokewin. Kisin kimwestas-aspinan, itote akosikamikohk nantaw nitawiwewamikohk. Kaki-ayan oma mitehi-aspinewin COVID-19 osci. Mitehi-aspinewin ka-oscimaka COVID-19 cistahokewin nawac oma manatisikew inikohk COVID-19 ahosowin.

Kiskentamota kisci patote-aspinewina witamow nitawikew otatoskew.

Kimasinahikasowin kikanawenitakosowin

Kakino cistahowewina masinahikatewa ota awiyak cistahokewin kanawenitakosowin ota Manitoba cistahokewin masinahikanihk.

Oma masinahikan nisokamake:

- kinatawiwew takiskenitahk taniweha cistahowewina kina nantaw kicawasimisak asih kayayek,
- oma osiscikewin cistahokewin masinahikana nantaw witamakewin e-ociscipanik cistahokewin,
- Kinatawiwewak kanawapatam tanisi kwayesk otakikomo cistahokewina ispanikih eka tahosiyan.

Kakiyan kicistahokewi-masinahikan kakinatotaman ota forms.gov.mb.ca/immunization-update-request.

Kicistahokewin masinahikan ka-isitisamakawin.

Kaki-ayan mina kiskinawatasinahikan nah:

- kakecikemo natawiwewamikohk ite kayayan; nantaw
- nakatawapata mahti natawiwewamikohk nantaw maskikiwinokamikohk kekiminiskik; nantaw
- kakecikemo natawiwewamikohk ite kayayan nantaw akosikamikohk.

Kamasinahikateki natawiwewamikaw itapi: manitoba.ca/health/publichealth/offices.html

Kiminawawin kiskenitamowin masinahikan kanawenitam kimasinahikana ekwa/nantaw kicawasimis(ak) omasinakanawawa. Kaki-ayan kiminawawin kimasinahikana ekwa/nantaw kicawasimis(ak) omasinahikana akwayawik astewa eka tawapatahik kinatawiwewak. Wasime kiskenitamawin, wicikatew ota manitoba.ca/health/publichealth/surveillance/phims.html nantaw kakecikemo natawiwewamikohk ta-ayamihacik natawiwew maskikiwiskew.

Kwayeskomowewina ohi COVID-19 ahosowin ekwa cistahokewina:

- ayamihk kinatawiwewak; nantaw
- tepwasik Health Links – Info Santé ote Winnipeg 204-788-8200; mosci mikewin poko-ite Manitoba 1-888-315-9257; nantaw
- natawapata:

Manitoba COVID-19 isiscikewinihk:
manitoba.ca/covid19/index.html

Manitoba cistahokewin osiscikewin isiscikewinihk:
gov.mb.ca/health/publichealth/cdc/div/index.html

Minawin Kanata COVID-19 isiscikewinihk:
canada.ca/en/public-health/services/diseases/coronavirus-disease-covid-19.html