

COVID-19 Badako'owaabo

Mino Ayaawin – Wiindamaagewina-mazina'igan

Badako'ogewin maamawe minose giimikigaadeg ge-onji mino-ayaawin. Badako'ogewinan wiiji'iyemagad ji-debinigosiyen ini manijoosan gaye aakoziiwinan. Badako'owaabo iga wiiji'igon ji gichi aakozisiwan.

Wegonen iwe COVID-19 aakoziiwin?

Aapiji wendat ji-aazhookodinigaadeg COVID-19 manijoons onjiimagan SARS-CoV-2. Ozosodaman, chaachaamowin dash gaagiidowin onji aazhookodinigaade iwe manijoons. Giishpin zaaminaman gegoo eyaamagak iwe COVID-19 manijoons iga aazhookodinaan dash tookinaman gidoon, gijaan gemaa gishkiizhigoon jibwaa giziinjiiyin.

Igiwe gaa-debeinigowaad owe manijoons aanind michi-ishkanaamowag aanind dash gichi-giishkanaamowag, bebakaan inaapinewag. Aanind dash da-gichi-aakoziwag mii dash ge-izhi ando-mashkikiwinewin. Igiwe aazha gaa-aakoziwaa ogaa-debibinigonaawaa nawaj da gichi aakoziwag.

Wegonesh iwe COVID-19 badako'owaabo?

Wenji anokiimagak COVID-19 badako'owaabo, giwiyo nisitawendaagon ezhinaagok iCOVID-19 manijoons. Mii dash wenji gikenjigemagag giwiyaawinaan ge izhichigamagag chi gibinaad manijoons. Mii ge onji-aazhookodinigoosiwan ge onji gichi-aakozisiwan giishpin ani megwaashkawad awiya eyaad COVID-19. Gakina COVID-19 badako'owaabo izhi-minose chi-gichi-aakozisiwan.

Awenen ge-badako'ondiban iwe COVID-19 badako'owaabo?

Gaawiin gegoo inagindesinoon ji'badako'ondwaa Manidoobaang wenjiwaad. Ando waabandan omaa manitoba.ca/covid19/index.html chi-gikendaman jimiinigoyin. Ogowe nawaj izhize jibadako'ondwaa:

- Gichi ayaa'aag awashime gaa ningodwaaswi-ashinaanan biboongizowaad
- Gichi ayaa wigamig gaa daawaad dash gaabaataniinowaad e'izhi daawaad
- Igiwe aazha gaa-aakoziwad nawaj ogaa gichi nooji'igonaawaa iwe COVID-19
- Gaa-gigishkawaawasod

- Igiwe ezhi-daawaad, gemaa wenjiwaad First Nations, Metis dash Inuit gaa-izhi-akoge'idiwaad
- Igiwe bakaan gaa-izhinaagoziwaad idash gaa-inendaagoziwaad
- Igiwe bebaa dananokiwaad gaadaayin

Gaabii enaapineyin gidoodaanaaming, gemaa nawaj awashime igadaba'oonigo iwe badako'owaabo. Bisaan igo gidaa miinigo minjiniizh iwe COVID-19 badako'owaabo dash Gichi-Agigokaang badako'owaabo.

Awenen ge-ODAAPINASIG iwe COVID-19 badako'owaabo?

Akawe gaganooh gi-mashkikii'inini/ikwe jibwaa badako-igoowin iwe COVID-19 badako'owaabo giishpin:

- Gii-maanimanji'owin gii-shkwaa miinigowin iwe COVID-19 badako-owaabo
- Gii-maanimanji'owin wiikaa odaapinaman onowe dagwiigin mashkikii badako'owaabo (shke: polyethylene glycol [PEG], Tromethamine [trometamol gemaa Tris])
- Gi-giibaagise'ode'eshkaa (baagise gide') gemaa gigii-biitoobiigide'eshkaa (baagise gaa-izhi-biitosing gide')
- Giishpin niibowa bakaan gii baagise-inaapinewin (MIS-C izhinikaade abinoojiiyag ayaawaad dash MIS-A izhinikaade gechi ayaawaad)

Giishpin ozaami-gizhizowin, baamaa shkwaa-gizhizowin gidaa miinigo badako'igewin. Bizaan igo gidaa miinigo badako'igewin giishpin gichi aakozisiwan. Giishpin onji aakoziiwin iCOVID-19 jibwaa badako'igoowin. Giishpin aakoziiwin, baamaa shkwaa aakoziiwin iga miinigo badako'igan.

COVID-19 Badako'owaabo

Aaniin ge-inamanji'owin gii-shkwa miinigowin iwe COVID-19 badako'owaabo?

Health Canada organawendaanaawaa ji-mino
ayaamagakin iniwe badako-owaabonan. Ngonding
iga-gaagiidiz, iga-miskwaagazhe, gemaa iga-baagise imaa
gaa-izhi-badako'owigoowin. Gemaa da-baagisewag
giniiskwensag gii'shkwa miinigowin iCOVID-19
badako'igan. Aanind abinoojiiyag da-gizhizowag,
oga-nibeshkaagonaawaa, awe'igiskizid, gaawiin
wiisinimanji'osiiwag, gemaa maanamanji'o-misadewag.
Ngo-giizhig gemaa niizho-giizhig eta iga'inamanjiw.
Giishpin gizhizod, gemaa gaagiidizod acetaminophen
(shke: Tylenol®) gidaa miinaa.

GEGO WIIKAA miinaaken abinoojiiyag Acetylsalicylic acid-ASA (taabishko, Aspirin®) gemaa gaanash oga debinigowaan okonii inaapinewin, wiindibi'inaapinewin Reye's Syndrome ezhinikaadeg.

Ngoding eta aanind bichiboonimanji'o awiya gaa-
miinindwaa iwe badako'owaabo. Onowen inamanji'owin
ombwe-ozhaga'esewin, bwe-inanaamowin, gemaa
boodaashkaa gi-ondashkwaang dash gidengwaning.
Njitago midaswi-ashi-naano diba'iganesing jibaabii'oweg
giniijaanisag gaye imaa mashkikii'iwigamigoong
jimaanishkaagosiiwin badako'owaabo. Giishpin
ani-maanishkaagowin aazha gii-majaayin
mashkikiwigamigoong, ganoodan 911 gemaa
aakoziiwigamigoong izhaan shemaak.

Baagise'ode'eshkaawin/biitoobiigide'eshkaawin (baagise
gide'/baagise gaa-izhi-biitosing gide') ngoding eta
iga-inamanjiw giishkwaa badako'igoowin. Iga-
bakanaam, dewaakigane, gemaa maana'anini ode' gemaa
gizhiide'e. Jibwaa niizhwaa swi giizhigak Igiwe gaagii-
inamanji'owaad. Giishpin inamanji'owin onowen,
wewiib izhaan aakoziiwigamigoong.
Gi-giibaagise'ode'eshkaa/gigii-biitoobiigide'eshkaa gaye
onjiimagan iwe COVID-19. Nawaj iga-wendaapine
ayaayin COVID-19 badako-owaabo giishpin dash
COVID-19 ondaapinewin.

Gi-maashkikii'ininiim wiindamaw giishpin bakaan inamanji'owin gemaa gichi-maanimanji'owin.

Badako'o mazina'iganens

Gakina bedako'indwaa izhibii'igaadewan imaa
Manitoba Immunization Registry gaa izhinikaadeg.

Wenji ganawenjigaadegin:

- ji onji gikendang gimashkikii'ininiim wegonen aazha
gaa badako'ogowin, ginijjaanisag gaye,
- ji onji wiindamaagowin wegonen gaa miinigoosiiyin
badao'iganan,
- ji-gikendamowaad aaniin epiichi minosegin ini
badako'iganan.

Gidaa miinigo gibadako'o mazina'iganens omaa
izhi'inaabi'in forms.gov.mb.ca/immunization-update-request. Iga izhinizha'imaago gibadako'o
mazina'iganens.

Gemaa gaye gagwedweyin gimashkikii'igamigoong.

Wiimikaman gimashkikiwigamig, omaa inaabbin: manitoba.ca/health/publichealth/offices.html

Personal Health Information Act onji ganawendaagwad
ga onji-gakenimigooyin, gidabinojiiyag gaye. Giishpin
andawendaman jigaajigaadeg wenji gakenimigooyin
mazina'iganan jiwaabandasigwaa gimashkikii'ininiwag.
Nawai gegoo wiigikendaman, omaa inaabbin manitoba.ca/health/publichealth/surveillance/phims.html gemaa
ando gagwejim mashkikiikwe imaa mashkikiwigamig.

Nawaj wii-gikendaman iCOVID-19 jinaapinewin idash badako'owaabo:

- ganoozh gi mashkikii'ininiim; gemaa
- omaa gagwedwen Health Links – Info Santé imaa
Wiinibiiging 204-788-8200; gakina Manitobaa
akiing 1-888-315-9257; gemaa
- izhaan:

**Manidoobaang COVID-19 waasiganii-isab
izhibii'igewinan:**
manitoba.ca/covid19/index.html

**Manidoobaang Badako'igewin waasiganii-isab
izhibii'igewinan:**
gov.mb.ca/health/publichealth/cdc/div/index.html

**Health Canada COVID-19 waasiganii-isab
izhibii'igewinan:**
canada.ca/en/public-health/services/diseases/coronavirus-disease-covid-19.html