ᓄᕙᒡᔪᐊᕐᓇᖅ-19–ᒧᑦ ᐋᓐᓂᐊᓕᓈᒃᑯᑎ

ᑭᒃᑯᑐᐃᓐᓇᕐᓄᑦ ᐋᓐᓂᐊᖃᕐᓇᙱᑦᑐᓕᕆᓂᖅ - ᓱᓕᔪᑦ ᑎᑎᕋᖅᓯᒪᔪᑦ

ᐋᓐᓂᐊᓈᒃᑯᓯᖅᑕᐅᓯᒪᓂᖅ ᐱᒻᒪᕆᐅᓛᖑᖃᑕᐅᔪᖅ ᑭᒃᑯᑐᐃᓐᓇᕐᓄᑦ ᐋᓐᓂᐊᖃᕐᓇᙱᑦᑐᓕᓂᕐᒧᑦ ᐱᔭᐅᑦᑎᐊᖅᓯᒪᓂᑯᔪᓂᑦ. ᐋᓐᓂᐊᓈᒃᑯᓯᖅᑕᐅᓯᒪᓂᖅ ᐃᑲᔪᖅᑐᖅ ᐊᐃᑦᑐᕐᓗᒃᑕᐅᓂᙱᑦᑕ ᓱᕈᔪᙱᓇᖅᑐᑦ ᐊᒻᒪᓗ ᐋᓐᓂᐊᕐᓇᖅᑐᑦ ᐱᑕᖃᕈᓐᓃᖅᑎᑕᐅᓂᙱᓐᓄᑦ ᐊᐅᓚᑕᐅᓂᙱᓐᓄᑦᓗ. ᐋᓐᓂᐊᓕᓈᒃᑯᑏᑦ ᐃᑲᔪᖅᐸᒃᑐᑦ ᑎᒥᕕᑦ ᐊᓐᓇᐅᒪᔾᔪᑎᙱᓐᓂᒃ ᐃᓕᓴᖅᓯᓂᕐᒧᑦ ᐅᓇᑕᕐᓂᕐᒧᑦᓗ ᖁᐱᕈᐊᕐᔪᓂᒃ ᖁᐱᕈᓂᒡᓗ ᐊᐃᑦᑐᕐᓗᙱᓇᖅᑐᓂᒃ ᐋᓐᓂᐊᓕᕈᑕᐅᔪᓂᒃ.

ᑭᓱᙵ ᓄᕙᒡᔪᐊᕐᓇᖅ-19 ᐋᓐᓂᐊᓕᕈᑕᐅᔪᖅ?

ᓄᕙᒡᔪᐊᕐᓇᖅ-19 ᐊᐃᑦᑐᕐᓇᖅᓗᓂ ᐋᓐᓂᐊᕐᓇᖅᑐᖅ SARS-CoV-2 ᖁᐱᕈᕐᓂᑦ ᐊᐃᑦᑐᕐᔫᑕᐅᙱᑦᑐᒥᑦ. ᖁᐱᕈᑦ ᐊᐃᑦᑐᕐᓗᙱᓇᖅᑐᑦ ᐊᐃᑦᑐᕐᓗᒃᑕᐅᙱᖅᑐᑦ ᐃᓄᙱᑦ ᐃᓄᙱᒧᑦ ᖁᐃᖅᓯᕐᓂᒃᑯᑦ, ᑕᑭᐅᙱᓂᒃᑯᑦ ᐊᒻᒪᓗ ᐅᖃᒃᑦᓇᙱᓂᒃᑯᑦ. ᓄᕙᒡᔪᐊᕐᓇᖅ-19 ᐊᐃᑦᑐᕐᓗᒃᑕᐅᔪᓐᓇᕐᒥᔪᖅ ᐊᒃᑐᖅᓯᓚᐅᖅᑳᕐᓗᓂ ᖁᐱᕈᖃᖅᑐᒥᒃ ᐊᐃᑦᑐᕐᓗᙱᓇᖅᑐᒥᒃ, ᐊᒃᑐᖅᓯᓕᕐᓗᓂᓗ ᖃᓂᙱᓂᒃ, ᕿᙱᕐᓂᒃ ᐅᙱᕙᓐᓃᑦ ᐃᔾᙱᓂᒃ ᐊᒡᒐᑦ ᐃᕐᒥᒃᓯᒪᙱᒃᑯᑎᒃ.

ᐊᒥᓲᓂᖅᓴᐃᑦ ᐊᐃᑦᑐᕐᓗᒃᑕᐅᓯᒪᔪᑦ ᖁᐱᕈᓂᑦ ᐊᐃᑦᑐᕐᓗᙱᓇᖅᑐᓂᑦ ᐱᕐᔪᐊᖑᙱᑦᑐᒥᑦ ᕿᑎᐊᓃᑦᑐᒧᑦ ᐊᓂᖅᑎᓇᔾᔪᑎᓄᑦ ᓱᕈᔪᙱᓇᖅᑐᕐᑲᓕᕐᓂᐊᖅᑐᑦ, ᑭᓯᐊᓂ ᖁᐱᕈᐃᑦ ᐊᐃᑦᑐᕐᓗᙱᓇᖅᑐᑦ ᐊᔾᔨᙱᑦᑐᒥᒃ ᐃᒃᐱᒋᔭᐅᔪᓐᓇᖅᑐᑦ ᐃᓄᙱᓄᑦ. ᐃᓚᙱᑦ ᐋᓐᓂᐊᕐᔪᐊᓕᕐᓂᐊᖅᑐᑦ ᐋᓐᓂᐊᕐᕕᙱᒥ ᑲᒪᒋᔭᐅᔭᓇᐊᖃᕐᓂᐊᖅᑐᑦ. ᐊᓯᐊᒍᑦ ᐋᓐᓂᐊᕈᑎᓖᑦ ᐱᕐᔪᐊᖑᔪᒥᒃ ᐊᓐᓂᐊᕐᓂᖃᕈᓐᓇᕐᓂᖅᓴᐅᔪᑦ.

ᑭᓱᙵ ᓄᕙᒡᔪᐊᕐᓇᖅ-19 ᐋᓐᓂᐊᓕᓈᒃᑯᑎ?

ᓄᕙᒡᔪᐊᕐᓇᖅ-19 ᐋᓐᓂᐊᓕᓈᒃᑯᑏᑦ ᐊᑐᕈᓐᓇᖅᓯᕙᖅᐳᖅ ᑎᒥᙵᓄᐊᖅᑕᐅᔪᖃᖅᓗᓂ ᓄᕙᒡᔪᐊᕐᓇᖅ-19 ᖁᐱᕈᕐᓂᑦ ᐊᐃᑦᑐᕐᔫᑕᐅᙱᖅᑐᓇᖅᑯᔾᔪᖅᓗᙱᓐᓂᒃ. ᑎᒥᑦᑕ ᐊᓐᓇᐅᒪᔾᔪᑎᙱᑦ ᓵᓚᖃᕈᓐᓇᖅᓯᔪᓐᓇᖅᐊᒃᐳᑦ ᖁᐱᕈᕐᓂᑦ ᐊᐃᑦᑐᕐᔫᑕᐅᙱᖅᑐᒥᑦ. ᑖᒪᓐᓇ ᓴᐳᒻᒥᔭᐅᔾᔪᑎᒥᔪᓐᓇᕐᓂ ᐋᓐᓂᐊᓇᔭᖃᕐᓂᕐᒥᑦ ᐅᕝᕙᓘᓐᓃᑦ ᐋᓐᓂᐊᕐᓂᖃᕐᔪᐊᓕᕐᓂᕐᒥᑦ ᐊᒃᑐᖅᑕᐅᓇᔭᕈᕐᑕ ᓄᕙᒡᔪᐊᕐᓇᖅ-19–ᒧᑦ ᑭᖑᓂᖅᓴᒍᑦ. ᓄᕙᒡᔪᐊᕐᓇᖅ-19ᒧᑦ ᐋᓐᓂᐊᓕᓈᒃᑯᑎᓗᒃᑖᑦ ᐊᑑᑎᖃᑦᓚᓇᒃᐳᑦ ᐋᓐᓂᐊᕐᓂᖃᕐᔪᐊᓕᔭᐃᒃᑯᑕᐅᑦᓗᑎᒃ ᓄᕙᒡᔪᐊᕐᓇᖅ-19–ᒥᑦ.

ᑭᒃᑯᑦ ᓄᕙᒡᔪᐊᕐᓇᖅ-19–ᒧᑦ ᐋᓐᓂᐊᓕᓈᒃᑯᓯᖅᑕᐅᑦᓗᐊᖅᐸᑦ?

ᓄᕙᒡᔪᐊᕐᓇᖅ-19 ᐋᓐᓂᐊᓕᓈᒃᑯᑎ ᐊᑭᖃᙱᕐᓗᓂ ᐊᑐᐃᓐᓇᐅᔪᖅ ᒫᓂᑑᒪᒥᐅᑕᓗᒃᑖᕐᓄᑦ ᐱᔪᓐᓇᖅᑎᑕᐅᔪᓄᑦ. ᑕᑯᒋᐊᕐᓗᒍ manitoba.ca/covid19/index.html ᐱᔪᓐᓇᖅᑎᑕᐅᓂᕐᒧᑦ ᐱᑕᖃᓇᐊᓕᙱᓄᑦ. ᐅᑯᐊ ᐋᓐᓂᐊᓕᓈᒃᑯᓯᖅᑕᐅᑦᓗᐊᖅᑐᑦ:

- ᐃᓐᓇᐃᑦ 65–ᓂᒃ ᐅᙱᑖᓂᔫᓐᓃᑦ ᐊᕐᕌᒍᖃᖅᑐᑦ
- ᑲᒪᒋᔭᐅᙱᓐᓇᓇᐊᖃᖅᑐᒃᑯᓇᙱᑦᑐᑦ ᐊᓯᙱᓐᓂᓗ ᑲᑎᙵᐅᖅᑐᒃᑯᓇᙱᒥᐅᑕᐅᔪᑦ
- ᐋᓐᓂᐊᕈᑎᖃᓕᐊᓂᒃᑐᑦ ᖃᓄᑐᐃᓐᓇᖅ ᐱᔪᐊᖑᔪᒥᒃ ᐋᓐᓂᓕᐊᓕᖅᑯᑎᕋᖅᑯᓐᓇᖅᑐᑦ ᓄᕙᒡᔪᐊᕐᓇᖅ-19–ᒧᑦ
- ᓯᙱᐃᔪᑦ
- ᓄᓇᖃᖅᑐᑦ ᐊᓪᓚᐃᑦ, ᐊᓪᓚᙱᔪᑦ ᐊᒻᒪᓗ ᐃᓄᐃᑦ ᓄᓇᙱᓐᓂ ᐅᕝᕙᓘᓐᓃᑦ ᑕᐃᑲᓂᕐᒥᐅᑕᒃᓴᔭᐃᑦ
- ᐃᓚᒋᔭᐅᔪᑦ ᐅᕕᓂᐅᖃᑎᒌᒃᑐᓄᑦ ᐃᓚᐃᓐᓈᖅᑎᑕᐅᓯᒪᔪᓄᑦ ᐊᓯᙱᓪᓗ ᓇᓕᒪᖃᖅᑎᑕᐅᓪᓗᐊᖅᑐᑦ ᓄᓇᓖᑦ
- ᓄᓇᓕᙱᒥ ᐱᑕᖃᓇᐊᖃᓪᓚᓇᒃᑐᓄᑦ ᐱᔭᑦᑎᖅᐸᒃᑐᑦ

ᓯᕗᓂᖓᓂ ᐋᓐᓂᐊᖃᑦᑕᕐᓂᓇᔭᑎᑦ ᐱᔾᔪᑎᒋᓪᓗᒋᑦ ᓇᔭᙱᖑᐊᓇᔭᑦ ᐃᓗᐊᖅᓴᐃᔨᒋᔭᑦ ᐊᒥᐊᓯᐊᖅᑎᖅᓯᒪᓂᖅᓴᐅᓗᑎᑦ ᐋᓐᓂᐊᓕᓈᒃᑯᓯᖅᑕᐅᕐᑯᔭᐅᑐᐃᓐᓇᓇᐊᖃᖅᐳᑎᑦ. ᐊᑕᐅᕐᑎᒃᑰᖅᑕᐅᔪᓐᓇᖅᐳᒃ ᓄᕙᒡᔪᐊᕐᓇᖅ-19 ᐋᓐᓂᐊᓕᓈᒃᑯᑎ ᐊᒻᒪ ᐊᕐᕋᙱᑕᒦᑦ ᓄᓇᕙᖕᓇᕐᒧᑦ ᐋᓐᓂᐊᓕᓈᒃᑯᑎ.

ᑭᒃᑯᑦ ᓄᕙᒡᔪᐊᕐᓇᖅ-19–ᒧᑦ ᐋᓐᓂᐊᓕᓈᒃᑯᓯᖅᑕᐅᓪᓗᐊᖅᓯᕐᐸᑦ?

ᓇᔭᙱᐊᓇᔭᑦ, ᐃᓗᐊᖅᓴᐃᔨᒋᔭᑦ ᐅᖃᖃᑎᒋᓗᒍ ᑲᐱᔭᐅᑕᐅᖅᑎᓐᓇᒃ ᓄᕙᒡᔪᐊᕐᓇᖅ-19 ᐋᓐᓂᐊᓕᓈᒃᑯᑎᖓᓄᑦ ᐃᒪᐃᓐᓂᑯᑎᒪᒍᕕᑦ:

- ᓯᕗᓂᖓᒍᑦ ᐃᒃᐱᒋᔭᖃᓕᕐᓂᑯᔾᔪᑎᒋᔭᖃᕈᕕᑦ ᓄᕙᒡᔪᐊᕐᓇᖅ-19 ᐋᓐᓂᐊᓕᓈᒃᑯᑎᖓᓄᑦ
- ᑎᒥᒃᑯᑦ ᓈᒻᒪᒃᓴᙱᓐᓂᖅᑐᕕᓂᐅᓐᓂᕈᕕᑦ ᓇᓕᐊᖓᓄᑐᐃᓐᓇᖅ ᐋᓐᓂᐊᓕᓈᒃᑯᑎᐅᑉ ᐃᓗᓕᓇᔭᖓᓐᓂᒃ (ᓱᕐᓗ: ᐹᓕᑕᐃᓖᓐ ᒐᓚᐃᑰᓪ [PEG], ᑐᕋᒪᑕᒥᓐ [ᑐᕈᒪᑕᒧᓪ ᐅᕝᕙᓘᓐᓃᑦ ᑐᓇᔅᑦ])
- ᐊᑐᖅᑕᖃᕐᓂᑰᓯᒪᒍᕕᑦ ᒪᐃᔪᒃᑕᐃᑎᔅ (ᐆᒻᒪᑎ ᐳᓪᓕᖅᐸᑦ ᐊᐅᐸᖅᓯᓯᒪᒃᐸᓪᓗᓐᓃᑦ ᐆᓇᕐᓂᖃᖅᐸᓪᓗᓐᓃᑦ) ᐅᕝᕙᓘᓐᓃᑦ ᐱᐅᓇᒃᑕᐃᑎᔅ (ᐆᒻᒪᑎᐅᑉ ᖃᕈᕕᐊᖓ ᐳᓪᓕᖅᐸᑦ ᐊᐅᐸᖅᓯᓯᒪᒃᐸᓪᓗᓐᓃᑦ ᐆᓇᕐᓂᖃᖅᐸᓪᓗᓐᓃᑦ)
- ᓇᐅᒃᑯᑐᐃᓐᓇᖅ ᑎᒥᓕᒫᒃᑯᑦ ᐳᓪᓕᕐᓂᖃᕐᓇᖅᑐᒥᒃ ᐅᔾᔨᕐᓇᖅᑑᑎᖃᕐᓂᕈᕕᑦ (ᑕᐃᔭᖅ MIS-C ᓄᑕᖅᑲᓂ ᐊᒻᒪ MIS-A ᐃᓐᓇᕐᓂ)

ᑭᓇᑐᐃᓐᓇᖅ ᐆᑎᕐᓇᕐᔪᐊᕈᓂ ᐋᓐᓂᐊᓕᓈᒃᑯᓯᖅᑕᐅᓪᓗᐊᙱᑦᑐᖅ ᐆᑎᕐᓇᕈᓐᓃᓚᐅᙱᓐᓂᕐᒥᓂ. ᑭᓇᑐᐃᓐᓇᖅ ᐃᓗᕐᓇᙱᕐᔪᑎᖃᕈᔪᑐᐃᓐᓇᖅᑐᖅ ᐋᓐᓂᐊᓕᓈᒃᑯᓯᖅᑕᐅᔪᓐᓇᖅᑐᖅ. ᐋᓐᓂᐊᕈᑎᖃᕈᓐᓇᖅᑐᑎᑦ ᓄᕙᒡᔪᐊᕐᓇᖅ-19–ᒧᑦ ᐋᓐᓂᐊᓕᓈᒃᑯᓯᖅᑕᐅᓚᐅᕐᓇᖅ. ᑕᐃᒪᐃᑦᑑᓇᔭᕈᕕᑦ ᓱᔪᓐᓂᖅᓯᔪᐊᓇᓇᔭᕋᕕᑦ ᐋᓐᓂᐊᓕᓈᒃᑯᓯᖅᑕᐅᔭᖅᑐᓚᐅᕐᓇᒃ.

ᑭᓱᙵᑦ ᐃᒃᐱᒋᔭᐅᔪᓐᓇᖅᑐᑦ ᓄᕙᒡᔪᐊᕐᓇᖅ-19 ᐋᓐᓂᐊᓕᓈᒃᑯᑎᒧᑦ?

ᐋᓐᓂᐊᖃᕐᓇᙱᑦᑐᓕᕆᔨᒃᑯᑦ ᑲᓇᑕᒥ ᓈᒻᒪᒋᔭᖃᓕᓱᖑᕗᑦ ᐋᓐᓂᐊᓕᓈᒃᑯᑎᓂᒃ ᖃᐅᔨᔭᐅᓂᕆᔭᒪᔭᒃ ᐱᐅᑎᒋᓂᕆᔭᒥᒃ ᐊᑦᑕᕐᓇᙱᑦᑑᓂᕆᔭᒥᒃᓗ. ᓂᕆᓇᖅᐳᖅ

Manitoba

ᓄᕙᒡᔪᐊᕐᓇᖅ-19–ᒧᑦ ᐋᓐᓂᐊᓕᓈᒃᑯᑎ

ᐃᒃᐱᔭᖃᕐᓂᐊᕆᐊᒃᓴᖅ, ᐊᐅᐸᖅᓯᓯᒪᓂᖃᕐᓂᐊᕆᐊᒃᓴᕐᓗ, ᐳᓪᓕᖅᓯᒪᓂᖃᕐᓂᐊᕆᐊᒃᓴᕐᓗ ᐋᓐᓂᐊᓕᓈᒃᑯᓯᖅᑕᐅᓚᐅᖅᓗᓂ. ᕿᓕᖅᓯᓇᐃᑦ ᐱᕕᑦᑐᓐᓇᖅᑐᖅ ᓄᕙᒡᔪᐊᕐᓇᖅ-19–ᒧᑦ ᐋᓐᓂᐊᓕᓈᒃᑯᓯᖅᑕᖃᕋᓂᒃᑳᖕᒐᕕᑦ. ᐃᓚᖏᑦ ᓄᑕᖅᑲᑦ ᐃᒪᐃᑦᑐᓐᓇᖅᑐᑦ ᐆᓇᓂᖅ, ᐅᐃᖕᒐᔪᖕᓂᖅ, ᕿᓄᖕᒐᓂᖅ, ᑳᖅᑯᔨᙱᓐᓂᖅ ᐅᕝᕙᓘᓐᓂᑦ ᓈᕐᓕᐅᕐᓂᖅ. ᑕᒪᒃᑯᐊ ᐃᒃᐲᖕᓂᓇᔭᑦ ᓱᓇᐅᓗᐊᙱᑦᑐᑦ ᖃᐅᑐᐊᖅᐸᑦ ᖃᐅᖅᑭᒃᐸᓪᓘᓐᓂᑦ ᐃᒃᐱᖕᓇᕈᓐᓂᕈᓐᓇᖅᑐᑦ. ᑐᓂᔭᐅᔪᓐᓇᖅᑕᑦ ᐃᓅᓕᔅᐅᑎ ᐊᓲᑕᒥᓄᕕᓐ (ᓲᕐᓗ Tylenol®) ᐆᓇᓗᐊᕐᓂᕐᒧᑦ ᐅᕝᕙᓘᓐᓂᑦ ᑎᒥᒃᑯᑦ ᐋᓐᓂᐊᑲᑕᖕᓂᕐᒧᑦ.

ᐃᓅᓕᔅᐅᑎ ᐊᓲᑐᓪᔅᐃᓕᒃ ᐋᓱᑦ (ᓲᕐᓗ Aspirin®) ᑐᓂᔭᐅᓚᐅᖅᓯᒪᓪᓗᐊᙱᑦᑐᖅ ᓄᑕᖅᑲᓄᑦ ᐱᕐᔪᐊᖑᔪᒥᒃ ᑎᖑᖕᒐᒍᑦ ᐊᒻᒪᓗ ᖃᓇᔅᖕᒐᒍᑦ ᐋᓐᓂᐊᖃᕐᓇᖅᑐᖃᓕᕈᑕᐅᔪᓐᓇᕐᒪᑦ ᕋᐃᔅ ᐋᓐᓂᐊᖑᓂᕋᖅᑕᐅᔪᒥᒃ (Reye's Syndrome).

ᑎᒥᒥᒍᑦ ᓈᒻᒪᒃᔅᙱᓪᓚᓇᖕᓂᖅ ᐱᕐᔪᐊᖑᒐᓗᐊᖅᑐᖅ ᐊᑐᖅᑕᐅᒐᙱᑦᑐᖅ ᐋᓐᓂᐊᓕᓈᒃᑯᓯᖅᑕᐅᓚᐅᖅᓗᓂ. ᐃᒃᐱᒋᔭᐅᔪᓐᓇᖅᑐᑦ ᒪᑯᐊᖑᕕᑦ ᐱᖑᔭᖕᓂᖅ, ᐊᓂᖅᑎᓇᒐᕐᓂᖅ, ᐅᕝᕙ ᓘᓐᓂᑦ ᐃᒡᒋᐊᖅ ᑮᓇᕐᓘᓐᓂᑦ ᐳᕕᓕᖅᑐᖅ. ᐱᒻᒪᓇᐅᔪᖅ ᐋᓐᓂᐊᕕᖕᒥᖕᒋᓐᓇᕈᕕᑦ 15–ᓂᒃ ᑎᑦᑕᕐᓂᒃ ᓇᓕᐊᖕᓂᑐᐃᓐᓇᖅ ᐋᓐᓂᐊᓕᓈᒃᑯᓯᖅᑕᐅᓚᐅᖅᑎᓪᓗᑎᑦ ᕿᑐᖕᒐᐃᓪᓘᓐᓂᑦ ᓇᐅᑦᑎᖅᓱᖅᑕᐅᓂᐊᕋᔅᓯ. ᐃᒃᐱᒋᔭᖃᓕᕈᕕᑦ ᐋᓐᓂᐊᖕᒥᑦ ᐊᓂᓚᐅᖅᑎᓪᓗᑎᑦ ᐅᖃᓕᒋᑦ 911–ᒧᑦ ᐅᕝᕙᓘᓐᓂᑦ ᐋᓐᓂᐊᕐᕕᐅᑉ ᑐᐊᕕᓐᓇᖅᑐᓕᓇᔭᐅᕝᕕᐊᓄᖕᒐᐅᓗᑎᑦ ᑲᒪᒋᔭᐅᓕᑲᐅᑎᒋᓂᐊᕋᕕᑦ.

ᒪᐃᔪᑳᑕᐃᑎᔅ/ᐱᐅᓇᑳᑕᐃᑎᔅ (ᐆᒻᒪᑎ ᐳᓪᓕᓕᖅᑐᖅ ᐊᐅᐸᖅᓯᔪᕐᓘᓐᓂᑦ ᐆᓇᕐᓂᖃᖅᑐᕐᓘᓐᓂᑦ/ᐆᒻᒪᑎᐅᑉ ᖃᕈᕕᐊᖕᒐ ᐳᓪᓕᓕᖅᑐᖅ ᐊᐅᐸᖅᓯᔪᕐᓘᓐᓂ ᐆᓇᕐᓂᖃᖅᑐᕐᓘᓐᓂᑦ) ᐊᑐᖅᑕᐅᒐᔪᙱᑦᑐᒻᒪᓇᐊᓗᒃ ᐋᓐᓂᐊᓕᓈᒃᑯᓯᖅᑕᐅᔪᖃᓕᐅᖅᑎᓪᓗᒍ. ᐊᓂᖅᑎᓇᒐᕐᓇᕈᓐᓇᖅᑐᖅ, ᓴᒐᕕᒥᒃ ᐋᓐᓂᐊᓇᔭᖃᕐᓇᕈᓐᓇᖅᑐᖅ, ᐅᕝᕙᓘᓐᓂᑦ ᐆᒻᒪᑎ ᓱᒃᑲᓴᓗᐊᖅᑰᔨᓕᕈᓐᓇᖅᑐᖅ. ᐊᒥᓱᑦ ᑕᒪᒃᑯᓂᖕᒐ ᐃᒃᐱᒋᔭᖅᑖᖅᓯᒪᔪᑦ ᐅᓪᓗᑦ 7 ᐃᓄᐊᒥ ᐋᓐᓂᐊᓕᓈᒃᑯᓯᖅᑕᐅᓚᐅᖅᓗᑎᒃ. ᑕᒪᒃᑯᓂᖕᒐ ᐃᒃᐱᒋᔭᖅᑖᖅᓯᒪᔪᑦ, ᐋᓐᓂᐊᕐᕕᐅᑉ ᑐᐊᕕᓐᓇᖅᑐᓕᓇᔭᐅᕝᕕᐊᓄᖕᒐᐅᓗᑎᑦ ᒪᔪᐊᕐᓗᑎᓪᓗᓐᓂᑦ ᐋᓐᓂᐊᕐᕕᖕᒧᑦ. ᐊᑐᖅᓯᔪᓐᓇᖅᐳᑎᑦ ᒪᐃᔪᑳᑕᐃᑎᔅᒥᒃ/ᐱᐅᓇᑳᑕᐃᑎᔅᒥᒃ ᓄᕙᒡᔪᐊᕐᓇᖅ-19–ᒧᑦ. ᒪᐃᔪᑳᑕᐃᑎᔅ/ᐱᐅᓇᑳᑕᐃᑎᔅ ᓄᕙᒡᔪᐊᕐᓇᖅ-19 ᐋᓐᓂᐊᓕᓈᒃᑯᑎᖕᒐᓄᑦ ᑕᐃᒪᐃᑎᑕᐅᔪᖅ ᐱᕐᔪᐊᖑᙱᓐᓂᖅᓴᖅ ᑕᐃᒪᐃᑎᑕᐅᓂᕐᒥᑦ ᓄᕙᒡᔪᐊᕐᓇᖅ-19 ᐋᓐᓂᐊᕐᓇᖅᑐᖅ.

ᐅᓂᒃᑲᐅᓯᖃᓇᑦ ᐱᕐᔪᐊᖑᔪᒥᒃ ᓂᓇᐅᓇᙱᑦᑐᒥᒡᔅᓘᓐᓂᑦ ᐃᒃᐱᒋᔭᑦᑖᕈᕕᑦ ᓇᔭᙱᐊᕐᒧᑦ ᐃᓗᐊᖅᓴᐃᔨᒧᑦ.

ᐱᑎᑦ ᑎᑎᕋᖅᓯᒪᔪᑦ ᓴᐳᒻᒥᔭᐅᓂᓇᓯᒪᔭᕐᓄᑦ

ᑕᒪᕐᒥᒃ ᐋᓐᓂᐊᓈᒃᑯᓯᖅᑕᐅᓯᒪᓂᑦ ᑎᑎᕋᖅᑕᐅᕙᒃᑐᑦ ᐃᓅᑉ ᐋᓐᓂᐊᓈᒃᑯᓯᖅᑕᐅᓯᒪᓂᕐᒧᑦ ᑎᑎᕋᖅᑕᐅᓯᒪᓂᖕᒋᓐᓂ ᒫᓂᔭᐸᐅᑉ ᐋᓐᓂᐊᓈᒃᑯᓯᖅᑕᐅᓯᒪᓂᕐᒧᑦ ᐊᑎᓕᐅᕐᓂᖕᒐᓂ.

ᑖᓐᓇ ᐊᑎᓕᐅᕐᓂᖕᒃ ᐱᔪᓐᓇᖅᑎᑦᑎᔪᖅ:

- ᐋᓐᓂᐊᖃᕐᓇᙱᑦᑐᓕᓇᔨᖕᓂᒃ ᖃᐅᔨᔭᒃᓴᐅᓂᐊᕐᒪᑦ ᓇᓕᐊᖕᓂᒃ ᐃᕝᕕᑦᓗᓐᓂᑦ ᓄᑕᖅᑲᑦᓗᓐᓂᑦ ᐋᓐᓂᐊᓈᒃᑯᓯᖅᑕᐅᓯᒪᖕᒪᖕᒑᖅᐱᑦ(ᖕᒋᑦ),
- ᓴᖅᑭᑎᑦᑎᓂᕐᒥᒃ ᐋᓐᓂᐊᓕᓈᒃᑯᓯᖅᑕᐅᓯᒪᓂᕐᒧᑦ ᑎᑎᕋᖅᓯᒪᔪᓂᒃ ᐅᕝᕙᓘᓐᓂᑦ ᐃᓕᖕᓂᒃ ᖃᐅᔨᒃᑲᐃᓂᕐᒥᒃ ᐅᖕᒐᓯᐅᔭᓗᐊᕐᓂᕐᒧᑦ ᐋᓐᓂᐊᓈᒃᑯᓯᖅᑕᐅᓂᕐᒥᑦ,
- ᐋᓐᓂᐊᖃᕐᓇᙱᑦᑐᓕᓇᔨᒃᑯᑦ ᓇᐅᑦᑎᖅᓱᖅᐸᒃᑐᑦ ᖃᓄᑎᒋ ᐋᓐᓂᐊᓕᓈᒃᑯᑎ ᐋᓐᓂᐊᓕᓈᒃᑎᑦᑎᑎᒋᖕᒪᖕᒑᑦ ᐋᓐᓂᐊᖃᕐᓇᖅᑐᓂᑦ.

ᐋᓐᓂᐊᓈᒃᑯᓯᖅᑕᐅᓯᒪᓂᕐᓄᑦ ᑎᑎᕋᖅᓯᒪᔪᖅ ᑐᒃᓯᕋᕈᓐᓇᖅᑕᐃᑦ ᑐᒃᓯᕋᐅᑎᒥᒃ ᑐᓂᓯᓗᑎᑦ ᐃᑭᐊᖅᑭᕕᒃᑯᑦ ᐅᕝᕙᓇ forms.gov.mb.ca/immunization-update-request. ᐋᓐᓂᐊᓈᒃᑯᓯᖅᑕᐅᓯᒪᓂᕐᓄᑦ ᑎᑎᕋᖅᓯᒪᔪᖅ ᐃᓕᖕᓄᑦ ᓇᒃᓯᐅᔭᐅᓛᖅᑐᖅ ᑎᑎᖅᑲᒃᑯᕕᒃᑯᑦ.

ᐃᒪᓐᓇᐅᓗᑎᑦ ᓇᓕᖅᑲᖕᒐᓂᒃ ᐱᔪᓐᓇᕐᒥᔪᑎᑦ:

- ᑐᓴᖅᑎᓪᓗᒍ ᓄᓇᓕᖕᓂ ᑭᒃᑯᑐᐃᓐᓇᕐᓄᑦ ᐋᓐᓂᐊᕐᕖᑦ; ᐅᕝᕙᓘᓐᓂᑦ
- ᖃᐅᔨᑎᐊᕐᕕᑎᓗᒍ ᓄᓇᓕᖕᓂ ᐋᓐᓂᐊᕐᕕᒃ ᐅᕝᕙᓘᓐᓂᑦ ᓗᒃᑖᑉ ᐊᓪᓚᒡᕕᖕᒐ ᐃᓕᖕᓄᑦ ᑐᓂᓯᔪᓐᓇᕐᒪᖕᒐᑕ; ᐅᕝᕙᓘᓐᓂᑦ
- ᐊᐱᓇᓗᑎᑦ ᓄᓇᓕᖕᒥ ᐋᓐᓂᐊᕐᕕᖕᒥ.

ᑎᑎᕋᖅᑕᐅᓯᒪᓂᖕᒋᓐᓄᑦ ᑭᒃᑯᑐᐃᓐᓇᕐᓄᑦ ᐋᓐᓂᐊᕐᕖᑦ ᑕᑯᒋᐊᕐᓗᒍ: manitoba.ca/health/publichealth/offices.html

ᐃᓄᖕᒧᖕᒐᔪᑦ ᐋᓐᓂᐊᖅᑐᓕᓇᓂᕐᒧᑦ ᖃᐅᔨᒃᑲᐃᔭᔪᑎᑦ ᐱᕐᑯᔭᖅ ᓴᐳᒻᒥᕙᒃᑐᖅ ᖃᐅᔨᒃᑲᐃᔭᔪᑎᖕᓂᒃ ᐊᒻᒪᓗ/ᐅᕝᕙᓘᓐᓂᑦ ᕿᑐᖕᒐᖅᐱᑦ ᖃᐅᔨᒃᑲᐃᔭᔪᑎᖕᒐᓂᒃ(ᖕᒋᓐᓂᒃ). ᐃᓄᖕᒧᖕᒐᔪᑦ ᐋᓐᓂᐊᖅᑐᓕᓇᓂᕐᒧᑦ ᖃᐅᔨᒃᑲᐃᔭᔪᑎᑎᑦ ᐊᒻᒪᓗ/ᐅᕝᕙᓘᓐᓂᑦ ᓄᑕᖅᑲᕕᑦ ᖃᐅᔨᒃᑲᐃᔭᔪᑎᖕᒋᑦ ᑕᑯᔭᐅᑦᑕᐃᓕᑎᑦᑐᓐᓇᖅᑎᑕᑎᑦ ᐋᓐᓂᐊᖃᕐᓇᙱᑦᑐᓕᓇᔨᓄᑦ. ᖃᐅᔨᒋᐊᒃᑲᓐᓂᕈᒪᒍᕕᑦ, ᑕᑯᒋᐊᕐᓗᒍ manitoba.ca/health/publichealth/surveillance/phims.html ᐅᕝᕙᓘᓐᓂᑦ ᑐᓴᖅᑎᓪᓗᒍ ᓄᓇᓕᖕᓂ ᑭᒃᑯᑐᐃᓐᓇᕐᓄᑦ ᐋᓐᓂᐊᕐᕖᑦ ᐅᖃᓪᓚᖃᑎᖃᕐᓗᑎᑦ ᑭᒃᑯᑐᐃᓐᓇᕐᒧᑦ ᐃᓗᐊᖅᓴᐃᔨᒥᒃ.

ᖃᐅᔨᒋᐊᒃᑲᓐᓂᕈᒪᒍᕕᑦ ᓄᕙᒡᔪᐊᕐᓇᖅ-19 ᐋᓐᓂᐊᓕᕈᑕᐅᔪᖅ ᐊᒻᒪ ᐋᓐᓂᐊᓕᓈᒃᑯᑎᑦ:

- ᐅᖃᓪᓚᖃᑎᒋᓗᒍ ᐋᓐᓂᐊᖃᕐᓇᙱᑦᑐᓕᓇᔨᑦ; ᐅᕝᕙᓘᓐᓂᑦ
- ᐅᖃᓗᒃᑲᒋᓗᒍ ᐋᓐᓂᐊᖃᕐᓇᙱᑦᑐᓕᓇᓂᕐᒧᑦ ᑲᓱᕐᕕᑦ – ᐋᓐᓂᐊᖃᕐᓇᙱᑦᑐᓗᓇᓂᕐᒧᑦ ᖃᐅᔨᒋᐊᕐᕕᒃ ᐅᐃᓂᐸᐃᒻᒥ ᐅᕝᕙᓂ 204-788-8200; ᐊᑭᖃᙱᑦᑐᒃᑯᑦ ᐊᓯᖕᒋᓐᓂ ᒫᓂᑑᐸᒥ 1-888-315-9257; ᐅᕝᕙᓘᓐᓂᑦ
- ᑕᑯᒋᐊᕐᓗᒍ:

  ᒫᓂᑑᐅᑉ ᓄᕙᒡᔪᐊᕐᓇᖅ-19 ᐃᑭᐊᖅᑭᕕᒃᑯᑭᑎᖕᒐ: manitoba.ca/covid19/index.html

  ᒫᓂᑑᐅᑉ ᐋᓐᓂᐊᖅᑖᔭᐃᒃᑯᑎᒧᑦ ᐱᓕᕆᕝᕕᐊᑕ ᐃᑭᐊᖅᑭᕕᒃᑯᑭᑎᖕᒐ: gov.mb.ca/health/publichealth/cdc/div/index.html

  ᑲᓇᑕᐅᑉ ᐋᓐᓂᐊᖅᑐᓕᓇᔨᒃᑯᖕᒋᑕ ᓄᕙᒡᔪᐊᕐᓇᖅ-19 ᐃᑭᐊᖅᑭᕕᒃᑯᑭᑎᖕᒐ: canada.ca/en/public-health/services/diseases/coronavirus-disease-covid-19.html

ᔪᓚᐃ 2024

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