

COVID-19 Wisdaye

Oyate Kin Wichozani – Wowapi De Taku Hechitu

Pezhuta un tuwe chawichapa hena wichoni shkan pi hed otohan. Tuwe chawichapa yuha pi kin, hena woyazan awayanka naku anaptan. Wisdaye hena tachan ichewakta cha heche woyazan anapta kte.

COVID-19 he taku he?

COVID-19 he kowakatahan wayazan heche SARS-CoV-2 woyazan hechiya itanhan hi. Hokhpe, psha, nakun iwohdakapi itahan woyazan kin de nina iyaye che e. Tukted COVID-19 woyazan hed odutan kinhan dukapi oyakihi, ite odutan kinhan, e kin, poghe, ishta naku nape hduzhazha shni kinhan, dukapi oyakihi pi.

Tuwe dukapi kinhan oni yashiche iniyaye kte, tka unghe wayazan tokcha iyaya pte. Unghe nina wayazanhda un pte, pezhuta wichashta ichada da pte. Tuwe wayazanhda khche nina wayazanke kte.

COVID-19 wisdaye he taku he?

COVID-19 wisdaye he taku COVID-19 woyazan ikiyeda iyecheche kte nich'u pte. Heche tachan nitawa kin woyazan nape he okihi. Heche tokatakiya tohan COVID-19 ikiyedu hip kinhan, uniwashte kte. COVID-19 wisdaye he woyazan anapta kte.

Tuwe COVID-19 wisdaye ichu okihi he?

COVID-19 wisdaye he unghe wichakakhniga hena ituya wichakupi kte. [Manitoba.ca/covid19/index.html](https://www.manitoba.ca/covid19/index.html) hed owapte tuwe iyachu chin pi. Dena wisdaye ichu pte:

- Tuwe waniyetu shakpe sanm zaptan sanpa ichu pi okihi pi
- Tuwe kan tipi hed yanka pi hena nakun tuwe wichota wita otib
- Tuwe nina wayazanhda pi hena COVID-19 ichu okihi pi
- Tuwe ihdushake
- Tuwe Dakota, sagda, Waziyata oyate hena
- Tuwe oyate tokcha nakun
- Tuwe oyate okiyapi che

Wichozani wowapi nitawa pezhuta wichashta wadapak kinhan he studya pte, tohan wisdaye nichu pte. COVID-19 wisdaye nakun howakhpe woyazan wisdaye, nupin iyachu pi okihi pi.

COVID-19 ichu pi kte SHNI he?

Pezhuta wichashta nitawa kin he iwungha, COVID-19 iyachu oyakihi kinhan, onichiyake kte:

- Tuwe COVID-19 wonatuze duhe kinhan
- Tuwe wisdaye ichupi, wonatuze dena iyaye kinhan (ex: polyethylene glycol [PEG], Tromethamine [trometahol ish Tris])
- Tuwe myocarditis (chante po wayazan) ish pericarditis (chante ha kin po iyaye kinhan)
- Tuwe tukted tachan kin po iyaye kinhan (multisystem inflammatory syndrome, shicheche ekta MIS-C echiyapi nakun wicha winyan kin hena MIS-A)

Tachan chuwita iyaye kin hena ichu pi kte shni, tohan asni kinhan hed ichu pte. Woyazan wakhbadan yuhe kinhan wisdaye ichu okihi pi. Ihnunukh COVID-19 waniyazanke kte, wisdaye iyachu shni ched. Tohan onikinhan iyachu okihi pi.

COVID-19 wisdaye ihnunakh dena iyachu okihi pi he?

Health Canada itanchan pi hena abdeza un pi, tohan washte kte. Tukted wisdaye iyachu kinhan ihnunakh aohomni hed po niyaze kte, shayedana nahan po nakun. COVID-19 wisdaye iyachu pi kinhan ihnunakh dote timahed po iyaye kte. Shicheche hena ihnunukh tachan chuwita, khba, wahitihda, wote chinp shni, nakun tezi yazan. Dena anpetu nunpa iyaye okihi pi. Tohan niyazan kinhan, acetaminophen (ex: Tylenol®) iyachu okihi pi.

Acetysalicylic acid-ASA (e.g., Aspirin®) shicheche TOHNI hena ichu pi kte shni. Nasu wayazan kin kte ish Pi yushiche kte. Woyazan he Reye's Syndrome eyapi che e.

Wisdaye iyachu pi kinhan ihnunakh wonatuze ichu pte. Unghe nazhdi, niya okihip shni, iteg dote hena po. Tohan shicheche wisdaye ichupi kinhan hed awanzhida yanke kte, heched pezhuta wichashta awichabdeza okihi. Tohan yakiyahde kinhan, henukh niyazan kinhan, woyazan tipi masapa ish opawinghe napchunwika sanm ake wanzhi masapa. Inakhne waniyanka pte.

Tuwe myocarditis (chante po wayazan) ish pericarditis (chante ha kin po iyaye kinhan) iyachu okihipi, wisdaye iyachub kinhan. Niya okihip shni, maku yazan, ish chante nina kabu. Unghe anpetu shakowin hed hehanyan yuhapi, wisdaye ichup kinhan. Dena niyaza ayabdeza kinhan, yuinakhni wayazan tipi hechiya idade kte. Ihnunukh COVID-19 myocarditis/pericarditis iyachu oyakihi. COVID-19 wisdaye myocarditis/pericarditis washake shni che, iyachu pi kinhan.

Tohni nina wayazahda kinhan yiunakhni wayazan tipi hechiya idade kte.

Tohan wisdaye nich'u pi he wowapi kagha pi

Manitoba Immunization Registry hed owa yanke kte.

De owichakiyapi che:

- taku pezhuta iyachu hena owayanke kte, nakun shicheche wichaduhe kin izha,
- tohan pezhuta iyachu kinhan hed owaya yanke kte, achantuya ake tohan iyachu kte kinhan onichiyaka pte,
- Wisdaye hena tanyan waechun kinhan awayankapi kta, izha studyapi chin pi.

Tohan wowapi kagha pi hena yachin pi kinhan forms.gov.mb.ca/immunization-update-request hed wowapi nitawa kin da. Akan wisdaye wowapi tokshu hena nich'u pte.

Hecheche wanzhi hiyuniya pte:

- wichozi tipu kin hed masapa;
- wichozi tipu ish pezhuta wichashta tib hed ihnunakh, owichakiyaka kinhan onich'iypate;
- wayazanka awanyanka ish wichozi tipu hed owichakiyaka.

Tuktud wichozi tipu yuke kinhan ded owa pte:
manitoba.ca/health/publichealth/offices.html

Wowapi kaghapi hena nitawa nakun shichecha nitawa do. Hed awayanka pte. Yachin kinhan zani wowapi nitawa hena woyazan awayankapi hena wadaka pte shni. Taku studyaye yachin pi kinhan, manitoba.ca/health/publichealth/surveillance/phims.html ish wichozi tipu hed ob wohdaka po.

Tohan COVID-19 woyazan ish wisdaye hena studyapi yachin kinhan:

- wichozi awayankapi ob wohdaka po; ish
- Health links – Info Santé Inyan Tipu hed masapa, 204-788-8200; Manitoba masapa ituya 1-888-315-9257; ish
- titokan ya:

Manitoba COVID-19 website wadaka pte:
manitoba.ca/covid19/index.html

Manitoba ikchewakta waechun website:
gov.mb.ca/health/publichealth/cdc/div/index.html

Health Canada COVID-19 website:
canada.ca/en/public-health/services/diseases/coronavirus-disease-covid-19.html