

## Drop-In Program

Reference Previous CLDS Policy or Circular (if applicable)?	
CLDS Policy:	N/A

### Service Definition

#### Value Statement

*Drop-In Programs* support Community Living disABILITY Services (CLDS) participants to live independently in the community and to make choices about the programming that best meets their needs.

#### Purpose

*Drop-In Programs* enable the participant to lead as independent a lifestyle as possible through supports that:

- increase competency in daily living skills, activities and routines necessary for independent living;
- offer alternative methods of achieving independence should the individual be unable to acquire a particular daily living skill or routine;
- reduce the element of risk by teaching life safety skills;
- assist with finding additional supports or alternative methods to address identified areas of risk where these cannot be addressed through individual instruction;
- increase participation and inclusion in the community; and
- encourage and assist with the development of a support network to reduce dependency on paid staff.

#### Definition

*Drop-In Programs* offer individuals the choice to access integrated, community-based services and supports that promote greater independence, community inclusion and that support meaningful participation in community life. *Drop-in Programs* help facilitate independence and promote community integration by supporting the individual to gain or maintain skills to live as independently as possible.

*Drop-In Programs* offer a safe place of belonging for individuals, reduce risk and provide access to culturally appropriate services, clinical supports, and social and community-based activities and resources. *Drop-In Programs* provide opportunities to promote and support personal skill development, including advocacy skills, service coordination, system navigation and support network development.

*Drop-In Programs* are an alternative service option for individuals who may not wish to participate in more structured Day Services.

### Service Goals

1. To offer more service options to a generally underserved population.
2. To ensure that the services provided:
  - recognize individual choice
  - recognize each individual's potential and capacity
  - are responsive to the needs of the individual and community
  - are adapted to the individual's disability related needs
  - are culturally appropriate
3. To increase access to supports through the development of positive social and community connections in trusting and respectful environments.
4. To encourage opportunities for each individual to be as independent as possible by providing supports in the least restrictive, least intrusive manner.

5. To help stabilize housing.
6. To help stabilize crisis situations.
7. To improve quality of life outcomes.

## Components

*Drop-in Programs* may include a range of services and programming, including:

- A. Systems Support
  - Advocacy skill development
  - Service coordination
  - System navigation
- B. Personal and Daily Living Skills Development
  - Access to laundry facilities
  - Access to movies and video games
  - Assistance with problem solving
  - Cultural services
  - Development/enhancement of social skills
  - Development/maintenance of daily living skills
  - Access to food bank support
  - Meal planning, preparation and cooking
  - Music, arts and crafts classes
  - Recreational and leisure opportunities
  - Relationship supports
- C. Employment Services and Supports
  - a. Employment supports
  - b. Resume development
  - c. Vocational skill development
  - d. Volunteer opportunities
- D. Healthy Living
  - a. Access to clinical supports
  - b. Addictions programming
  - c. Infectious diseases and infestation awareness and prevention
  - d. Safe sex information
- E. Housing Supports

## Provider Qualifications Eligibility Criteria

- The service provider must have an active Service Purchase Agreement (SPA) with the Department.
- In addition to any specific requirements that may be contained in the SPA, the Service Provider shall ensure that all employees and volunteers hired to provide services and supports at a *Drop-In Program* have satisfactory Criminal Record Checks (including a vulnerable sector search), and clear Child Abuse Registry and Adult Abuse Registry checks. All employees and volunteers must immediately disclose to the Service Provider any change to any employee record check.

## Parameters/Exclusions allowed Mode(s) of Delivery

- **Service Parameters:**

- To access a *Drop-In Program*, an individual must:
  - a. Be eligible for Community Living disABILITY Services
  - b. Be eligible to receive day services effective July 2<sup>nd</sup> of the calendar year that they turn 21 years of age.
  - c. Meet prioritization criteria for CLDS funding
  - d. Have been assessed using the Supports Intensity Scale (SIS) assessment tool
  - e. Not be receiving funding to access traditional CLDS Day Services with the exception of Bridgeback and Follow-up Services.
- Individuals accessing Drop-In Day Services Programming typically reside with family or live independently in the community. Individuals residing in a community residence or home share arrangement cannot be funded for a 24 hour residential model.
- *Drop-In Programs* are typically open weekdays, evenings and weekends for a minimum of 56 hours per week.
- Agencies are expected to maintain an attendance record and monitor participant usage and provide CLDS an update on participant usage. CLDS will negotiate with agencies any necessary billing or invoice adjustments based on actual attendance and service usage.

### Funding Parameters:

- Funding for services is based on the *Drop-In Program* funding guidelines and is provided as a per diem of \$20.68).
- Agencies will submit a drop-in proposal (not to exceed funding guideline amount).
- Individuals receiving funding for Drop-In Services are not eligible for other CLDS funded Day Services, other than Bridgeback or Follow-up services..

### Mode of Delivery Parameters

- Community-based service model directed to individuals.