

# Supported Independent Living (SIL)

Reference Previous CLDS Policy or Circular (if applicable)	
CLDS Policy:	CLDS C 88.1

## Service Definition

The goal of residential services is to provide support to participants that promote the following outcomes:

- Community Presence- the experience of sharing ordinary places in the community.
- Community Participation- the experience of being an equal member of the community, developing relationships and being part of a growing network of friends.
- Choice- the experience of developing autonomy in both small and everyday matters, as well as life defining matters.
- Competence- the experience of developing the ability to skillfully perform functional and meaningful activities, to grow and use new skills.
- Respect- the experience of having a valued place among a network of people and valued roles in the community.

This living option for residential services enables the participant to lead as independent a lifestyle as possible through supports that:

- increase the participant's competency in all the daily living skills, activities and routines necessary for independent living;
- assist the participant to find alternative methods of achieving independence should he/she be unable to acquire a particular daily living skill or routine;
- reduce the element of risk by teaching the participant the necessary safety skills;
- assist the participant to find additional supports or alternative methods to address identified areas of risk where these cannot be addressed through individual instruction;
- increase the individual's participation and integration in the community; and
- encourage and assist the participant to develop a support network to reduce dependency on paid staff.

The Service Provider delivers the supports necessary for a participant to live as independently as possible in his/her own home.

The participant lives in his/her own or shared accommodation and assumes responsibility for the payment of rent and utilities, and the day-to-day management of his/her home, with supports provided on an intermittent basis.

Cluster living services (sometimes referred to as intentional communities) are supported independent living arrangements where participants live closely together in a multi living complex (could also apply to individuals who live in housing arrangements, apartments, etc. in close proximity to other individuals) and form intentional communities of attachment. Under the cluster living approach, participants benefit from shared or pooled staff support and resources.

## Components

It is the responsibility of the Service Provider:

- a) To ensure that the services provided:
  - recognize individual choice;

- recognize each participant's potential and limitations; and
  - are responsive to the needs of the participant and community.
- b) To provide supports and services which are flexible and innovative, accommodating each participant's changing needs and wishes throughout all stages of his/her life.
  - c) To support each participant to participate as fully as possible in his/her community.
  - d) To encourage and support the involvement of family and friends.
  - e) To ensure that all programming is professionally and ethically sound.
  - f) To establish and maintain effective communication among individuals, families, the Service Provider, Manitoba and the community.
  - g) To encourage opportunities for each participant to be as independent as possible by providing supports in the least restrictive, least intrusive manner.

These components and service goals are realized through the following activities:

- a) conducting Independent Living Skills Assessments, where requested/required;
- b) identifying and utilizing individualized teaching and support strategies to meet the needs of the participant;
- c) developing and implementing formalized programs and approaches as required;
- d) adapting the program approaches to meet the changing needs of participants;
- e) assisting participants to access services generally available in the community (e.g. banks, grocery stores, recreation, etc.);
- f) where appropriate, maintaining the participant's financial records required by the Service Provider and/or Program Authority in accordance with the departmental policy regarding the Management of Clients' Personal Funds (C166.1);
- g) encouraging and supporting each participant to be a self-advocate;
- h) assisting each participant to find appropriate living accommodation, as needed;
- i) actively assisting each participant to network and develop support systems with his/her family and friends and within the community by making contact with individuals and organizations that people ordinarily meet in their daily lives; and
- j) planning with and supporting each participant to develop skills so he/she is increasingly able to live independently in the community, making ordinary life-style choices.

## **Provider Qualifications Eligibility Criteria**

- Must be 18 years of age or older.
- Paid and non paid staff who are under 18 years of age may only perform non-care and non- supervision duties. They cannot provide direct supervision of participants.
- The service provider must have a Service Purchase Agreement (SPA) in place with the Department or provided by the Direct Service Provider (DSP) workforce.
- Criminal Record Checks and Child Abuse Registry Checks / Adult Abuse Registry Checks - In addition to any specific requirements that may be contained in the SPA, the Service Provider shall ensure they have a policy requiring that all employees and volunteers must have a criminal record check including a vulnerable sector search (where applicable) and child abuse/adult abuse registry check (where applicable) prior to the date of hire and further that all employees and volunteers immediately disclose to the Service Provider any change to any employee record check.

## **Parameters/Exclusions allowed Mode(s) of Delivery**

### **Service Parameters:**

- This type of support is typically limited to a maximum of 40 hours per week with no overnight supervision. Individuals with support needs that exceed 40 hours per week will be managed through an exceptional circumstances process on a case by case basis.
- Eligible for CLDS and be 18 years or older.
- Meet prioritization criteria for residential funding.
- Services are provided to eligible individuals who have been assessed using the Supports Intensity Scale (SIS) and do not have supports needs requiring the level and intensity of service provided in an agency care facility setting (typically individuals residing in SIL have a supports budget level of 1, 2, 3 or 7).
- If an individual with a supports budget level of 4, 5, or 6 requests SIL services, program managers must review these requests with the CLDS program specialists to determine the safety and appropriateness of the SIL placement.

### **Funding Parameters:**

- Services provided are per diem based.
- Per diem rates are based on; hourly wages, hours per week, benefits, mileage, administration, and program support.
- Benefits are calculated at 9.18%
- Pension for full time employees can be applied separately through the Department.
- Direct service sick days calculated at 2.31% (6 days per year).
- Vacation (replacement staff) calculated at 6% (3 weeks equivalent).
- Annual training budget calculated at 1.15% (3 days equivalent).
- Stat days (13 days per year).
- Program Support calculated at 12.50% of direct service wages.
- Administration calculated at 8% of direct service costs.
- Program activities calculated at 2% of direct service costs.
- Travel costs - \$6.00 per shift (Winnipeg/Brandon), Urban/North 30 km per shift (.43 per km).

### **Mode of Delivery Parameters**

- Individual