

What you need to know as a Body Modification Operation

How it spreads

Coronaviruses are spread primarily from person-to-person through respiratory droplets. It spreads between people who are in close contact (less than two metres/six feet).

What you should do:

- Body modification technicians are advised to stay at home if ill.
- If a client is displaying respiratory symptoms, such as sneezing and coughing, it is recommended to reschedule the appointment and have the client return when well.
- Proper and frequent handwashing is required before starting work, wearing or removing gloves, after using the toilet, leaving work stations and handling items that may be contaminated with saliva or blood of a client.
- Provide liquid soap and paper towels at hand wash sinks in the work stations and in the washrooms.
- Have alcohol-based hand sanitizers (at least 70 to 80 per cent ethyl alcohol) available for clients.
- Increase distance between clients in the reception and limit visitors.
- Avoid touching your mouth, eyes and nose.
- Regularly clean and disinfect all surfaces such as work-benches, tabletops, doorknobs, faucet handles, and all other frequently touched surfaces.

Remind employees that anyone who becomes sick with a fever and cough at work should go home immediately and call Health Links – Info Santé at: 204-788-8200, or toll free elsewhere in Manitoba at 1-888-315-9257.

Social distancing strategies for body modification establishments include:

- avoiding greetings that involve touching, such as handshakes
- disinfecting frequently used surfaces
- distancing seating in the reception area and limiting visitors
- minimizing prolonged (more than 10 minutes), close (less than two metres) contact between other individuals in public

Manitobans who are concerned about their exposure to or risk of having COVID-19 should call Health Links – Info Santé in Winnipeg **204-788-8200** or toll free elsewhere in Manitoba at **1-888-315-9257**.

For the most up-to-date information on COVID-19, visit the Manitoba public health website at www.manitoba.ca/health/coronavirus/.

Hand hygiene and cough etiquette posters are available in 32 different languages:

<https://sharedhealthmb.ca/health-providers/coronavirus-resources/hand-hygiene-posters/>

<https://sharedhealthmb.ca/health-providers/coronavirus-resources/cough-etiquette-posters/>

Ensure to post these prominently in your establishments, for both staff and patrons.

If you need to speak with a Public Health Inspector, you can call **204-945-4204** or email: healthprotection@gov.mb.ca