

# Cannabis Edibles, Extracts and Topicals

## FREQUENTLY ASKED QUESTIONS



**The Canadian cannabis market is providing new opportunities for Manitoba processors. What do you need to know to get started?**

### **Q What are the types of cannabis products allowed?**

**A** The following products are allowed under the Canadian cannabis regulations 2.0.

**Edibles** - food and drinks that are infused with cannabinoid extracts. They come in many forms such as baked goods, candies, chocolates, lozenges and beverages.

**Extracts** - are the most concentrated types of cannabis. They come in many forms including capsules, drops, vape cartridges or dabs. They can be inhaled (vaped or smoked) or ingested/eaten.

**Topicals** - cannabis infused oils, patches, creams and shampoos which are applied to skin, hair or nails and are for external use only.

### **Q What are THC and CBD?**

**A** Cannabis and hemp contains more than 120 compounds known as cannabinoids. Two of the more common compounds are Tetrahydrocannabinol (THC) and Cannabidiol (CBD).

- **THC** is the main psychoactive compound found in cannabis and is related to the “high” associated with cannabis.
- **CBD** is non-psychoactive and is derived from either hemp or cannabis. It is thought to have a multitude of health benefits.

### **Q Are products containing CBD from cannabis and hemp treated the same under the regulations?**

**A** **YES.** Products containing THC and CBD from cannabis or hemp, are subject to the same regulatory requirements under the Cannabis Act, **with some exceptions as noted below.**

### **Licensing:**

Processors manufacturing cannabis-infused products (THC or CBD) require a licence from Health Canada before they can grow, process, research or sell these products. Other conditions must be met in order to obtain a licence:

- Cannabis-based products cannot be produced in the same facility where food is processed. A separate processing facility is required. The facility must be ready to go with security in place prior to applying.
- Strict manufacturing quality controls apply.
- Food safety regulations apply to prevent the spread of food-borne illness.
- Existing licence holders will require an amendment from Health Canada to add edibles to their product list.
- Existing licence holders must advise Health Canada in writing of their intention to manufacture edible products, describe said products, and provide a date by which they will be available for sale.

Information on obtaining a licence to produce cannabis products can be found at [www.canada.ca/en/health-canada/services/drugs-medication/cannabis/industry-licensees-applicants/applying-licence.html](http://www.canada.ca/en/health-canada/services/drugs-medication/cannabis/industry-licensees-applicants/applying-licence.html)

### **Product Rules:**

Various regulations apply to products containing THC or CBD, and include things like packaging, labelling, marketing and more. A summary of the regulations is as follows.

### **Product Contents and Characteristics:**

- **Edibles** are limited to 10 mg of THC in each package.
- **Cannabis extract for ingesting** is limited to 10 mg of THC in each unit (e.g., a capsule or dispensed amount) and 1000 mg per package.

- **Cannabis extract for inhaling** is limited to 1000 mg of THC per package.
- **Cannabis topicals** are limited to 1000 THC per package.
- **There is no stated upper limit for CBD within the regulations.**
- Products cannot have added substances such as caffeine, nicotine or alcohol.
- Products cannot have added vitamins or minerals.
- Products and packaging must not be overly appealing to youth.
- No health, dietary or beauty claims may be made for the products.
- Products must not be associated with alcohol or tobacco.
- THC and CBD may only be added to shelf-stable products.

#### **Packaging:**

- Only plain packaging is allowed - nothing embossed, textured or scented.
- One uniform colour is allowed.
- No tags, fold-outs or inserts are allowed.
- No corporate branding is allowed.
- No cut-out windows are allowed.
- Packaging must be child-resistant.
- Packaging must prevent product contamination.

#### **Labeling:**

- The common name is required.
- The intended use is required.
- An ingredient list is required.
- A nutrition facts table must appear.
- All potential allergens must be listed.
- The CBD/THC content must appear by weight or volume.
- The standard cannabis symbol is required for THC products.
- The standard health warning message must appear.
- The "Keep out of Reach of Children" warning must appear.
- Contact information of licence holder is required.
- Both French and English are required.
- Lot # is required.

For more details on labeling, packaging, and product rules please visit the Industry Section of [www.canada.ca/cannabis](http://www.canada.ca/cannabis).

A summary table of product requirements can be found at: [www.canada.ca/content/dam/hc-sc/documents/services/drugs-medication/cannabis/resources/final-regulations-edible-cannabis-extracts-topical-eng.pdf](http://www.canada.ca/content/dam/hc-sc/documents/services/drugs-medication/cannabis/resources/final-regulations-edible-cannabis-extracts-topical-eng.pdf). Please note that this table does not contain all regulations related to cannabis products.

Manitoba Agriculture and Resource Development can help you build your future in food and agri-products. Our business development specialists offer consulting and pathfinding services, workshops and training, as well as access to market development activities that will help you manage and grow your business. Email us at: [mbagrifood@gov.mb.ca](mailto:mbagrifood@gov.mb.ca)

## **Contact us**

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